Dedicated Support and Resources





(800) 477-3736 ext. 54837

Behavioral Risk
Screening
NextSteps
Lifestyle Coaching
Diabetes Prevention
Program
Healthy Addition
Prenatal
High Risk Maternity



1-800-Teladoc (835-2362) or Teladoc.com/mobile

General Medical, Behavioral Health and Dermatology

U.S. board-certified doctors are available 24/7/365 to resolve many of your medical issues through phone or video consults.



(888) 476-2227

Benefit Optimization

Care Referrals

Social and Community Resources

Lucet

24/7 Line: (877) 887-1797 LucetHealth.com

Behavioral Health
Care coordination
Substance Use
Coaching

FCSRMC Dedicated Care Team

Disease Management

Care Coordination

Core Chronic:

Diabetes, COPD, Asthma, Heart Disease, Kidney Disease, Hypertension Case Management

Transition of Care including:
Post-Acute Care Coordination
Pediatric, Hospice, PCMH/ACO

Coordinate services for behavioral health, durable medical equipment and home health care services

Well

At Risk

Acute/Chronic

Dedicated Care Team Contacts

Alexis Shaud, RN
Strategic Account Consultant
& Case Manager
(904)905-4708
Alexis.Shaud@bcbsfl.com

Pamela LaPonza, RN
Disease Manager
(772)241-4516
Pamela.LaPonza@bcbsfl.com

The focus of our care teams, composed of registered nurses, pharmacists, social workers, dietitians and physicians, is to help your Florida Blue patients understand and manage their chronic conditions. Working with you, our care teams can provide:

- Personalized guidance and coordination for health care needs from the simple to the complex.
- Programs and classes to promote chronic condition self-management and attainment of health care goals.
- Assistance in finding community resources to support medical management, transportation, food assistance, financial resources and guidance on how to use their health plan benefits.